An ethnography of one man’s disregard for his own intolerance in the name of eating “good” food

Written blurb to accompany web page:

Welcome to the Haverford foodscape podcast series covering food allergies at Haverford College. This series discusses the complexities of food allergies and how they affect an individual’s identity within the limited foodscape of Haverford Dining services. The subject of this series is lactose intolerance. which we will be exploring through the the lived experiences of Kevin Medansky, a sophomore at Haverford.

Kevin Medansky is a sophomore French and Francophone  studies major at Haverford College. He hails from Northbrook Illinois, and is a fan of most things French and Chicago. Although at times this love conflicts with what his body needs. He is a connoisseur of deep dish pizza, and has a penchant for film. We would like to thank Kevin for volunteering his time, and we hope you enjoy the podcast. The music for the podcast was sourced from the song *Hep Cat Jive*, by Purple Planet Music. The photograph that accompanies the podcast was taken by Callmekato on May 29th, 2012.

Link to website

<https://soundcloud.com/user-350876590-744736865/interview-part-1>

Source of intro music

<http://www.purple-planet.com/jazz/4583971402>

Source of album photo

<https://www.flickr.com/photos/callmekato/7770157650/in/photolist-cQC6am-RVnX6L-TaevU7-TvPmrb-nh4R55-9rPDU4-SGaXZs-qTaBRM-e25CvS-92ArT6-azCUfU-m49WyQ-8LfXbx-Jy6YBj-bpUjhL-mEqfqn-RHaU51-RG5oF1-RtGMLL-6Ukfqx-RqLJ33-6C5Cma-7T6fg9-RcwjSf-8XT833-5P9ABa-fn5yPK-RGV3gZ-JUpK-9e6Spz-Te1tUr-duwqSc-pULPbz-5XhFoK-anUsKA-9Ke1bf-8rHJ6Q-T2AymH-6vH87p-6zUMvE-PjAQFF-aYesBX-8pRyz2-4USyY9-6B19TR-5K5T2m-JjvVZe-e5b9sa-e67XZg-frXF1f>

Part 1: Kevin Medansky, the man, the myth, the lactose intolerant

The first part of the series covers what it means to be lactose intolerant in this limited foodscape. Lactose intolerance is ingrained within Kevin’s food culture, and through his enjoyment of deep dish pizza, Creme Brulee, and French Cheese he has learned that there are somethings that are worth the enjoyment. Kevin spoke a lot about lactose intolerance as an allergy, but he also goes into how he defined his food identity at Haverford.

Part 2: Potty talk: The effect of dietary restrictions on everyday routines

Following our introduction into Kevin’s lactose intolerant life, we delve deeper into Kevin’s personal story. Kevin’s lactose intolerance served as a vehicle for him to connect with his late father and his place in the ashkenazi Jewish community.

Part 3: When in France: Bridging the gap of understanding french cheese

The final part of the series focuses more specifically on Kevin’s relationship with cultures that he loves, but that he exists outside of because of his food allergies.